

### Nutrition Facts

	Per 100 ml	Per 330 ml	%RI*
<b>Energy (Kcal)</b>	100	330	17 %
<b>Energy (kJ)</b>	418	1381	17 %
<b>Fat (g)</b>	4.9	16	23 %
of which saturates (g)	0.6	1.9	10 %
<b>Carbohydrate (g)</b>	8.3	27	10 %
of which sugars (g)	2.3	8	9 %
<b>Dietary Fiber (g)</b>	1.2	4	
<b>Protein (g)</b>	5	17	34 %
<b>Salt (g)</b>	0.2	0.66	12 %

Vitamins	Per 100 ml	Per 330 ml	%RI*
Vitamin A (µg)	40	132	17 %
Vitamin D (µg)	0.25	0.83	17 %
Vitamin E (µg)	1.4	4.5	38 %
Vitamin K (µg)	3.8	12	17 %
Vitamin C (µg)	4.0	13	17 %
Vitamin B1 / Thiamin (mg)	0.06	0.18	17 %
Vitamin B2 / Riboflavin (mg)	0.07	0.23	17 %
Vitamin B3 / Niacin (mg)	0.8	2.6	17 %
Vitamin B6 (mg)	0.07	0.23	17 %
Vitamin B9 / Folic Acid (µg)	10	33	17 %
Vitamin B12 (µg)	0.13	0.41	17 %
Biotin (µg)	2.5	8.3	17 %
Pantothenic Acid (mg)	0.3	0.99	17 %

Minerals	Per 100 ml	Per 330 ml	%RI*
Potassium (mg)	184	607	30 %
Chloride (mg)	50.2	166	21 %
Calcium (mg)	42.6	141	18 %
Phosphorus (mg)	51.9	171	24 %
Magnesium (mg)	31.2	103	27 %
Iron (mg)	1.27	4.2	30 %
Zinc (mg)	0.5	1.7	17 %
Copper (mg)	0.09	0.30	30 %
Manganese (mg)	0.1	0.33	17 %
Selenium (µg)	2.8	9.1	17 %
Chromium (µg)	2	6.6	17 %
Molybdenum (µg)	2.5	8.3	17 %
Iodine (µg)	7.5	24.8	17 %

\*Reference intake of an average adult (8 400 kJ/2 000 kcal) per one serving (330 ml).

### What is Complete Food?

SATURO is the optimal combination of protein, carbohydrates, lipids, fiber, vitamins, and minerals for you. It contains all the nutrients your body needs to maintain a healthy and nutritious diet, ensuring that you no longer experience nutritional deficiencies, whilst limiting the less desirable dietary components.

### Ingredients

Water, Maltodextrin, **Soy** Protein Isolate, High Oleic Sunflower Oil, Cocoa Powder (2%), Isomaltulose\*, Canola Oil, Tricalcium Phosphate, Magnesium Oxide, Potassium Citrate, Calcium Carbonate, Zinc Sulphate, Sodium Selenite, Chromium Chloride, Manganese Sulphate, Potassium Iodide, Sodium Molybdate, Vitamins A, D, K, C, B1, B2, B6, B12, Niacin, Folic Acid, Biotin, Pantothenic Acid, Starch, Isomaltooligosaccharides, Emulsifier: **Soy** Lecithin; Stabilizers: Gellan Gum, Locust Bean Gum; Salt, Flavouring, Sweetener: Sucralose.

\*Isomaltulose is a source of glucose and fructose. Consumption of a drinks containing isomaltulose instead of others sugars induces a lower blood glucose rise after their consumption compared to sugar-containing drinks.

**Allergens: See bold.**

### Manufacturing

This product is manufactured in Germany for Saturo Foods GmbH. Product's total shelf life is 11 months. Limited shelf life once opened. Recommended storing temperature is 5-25°C.

This product is not intended to diagnose, treat cure or prevent any disease.

### Company Headquarters

**Saturo Foods GmbH**  
Jahngasse 4/9, Vienna 1050, Austria

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of which saturates (g)	0.4	1.4	7 %
<b>Carbohydrate (g)</b>	8.7	29	11 %
of which sugars (g)	2.3	8	8 %
<b>Dietary Fiber (g)</b>	1	3.2	
<b>Protein (g)</b>	5.0	17	34 %
<b>Salt (g)</b>	0.19	0.63	11 %

<b>Vitamins</b>	Per 100 ml	Per 330 ml	%RI*
Vitamin A (µg)	40	132	17 %
Vitamin D (µg)	0.25	0.83	17 %
Vitamin E (µg)	1.6	5.2	43 %
Vitamin K (µg)	3.8	12	17 %
Vitamin C (µg)	4.0	13	17 %
Vitamin B1 / Thiamin (mg)	0.06	0.18	17 %
Vitamin B2 / Riboflavin (mg)	0.07	0.23	17 %
Vitamin B3 / Niacin (mg)	0.80	2.6	17 %
Vitamin B6 (mg)	0.07	0.23	17 %
Vitamin B9 / Folic Acid (µg)	10	33	17 %
Vitamin B12 (µg)	0.13	0.41	17 %
Biotin (µg)	2.5	8.3	17 %
Pantothenic Acid (mg)	0.3	0.99	17 %

<b>Minerals</b>	Per 100 ml	Per 330 ml	%RI*
Potassium (mg)	100	330	17 %
Chloride (mg)	45.2	149	19 %
Calcium (mg)	40	132	17 %
Phosphorus (mg)	51.2	169	24 %
Magnesium (mg)	18.8	61.9	17 %
Iron (mg)	0.70	2.31	17 %
Zinc (mg)	0.5	1.7	17 %
Copper (mg)	0.09	0.30	30 %
Manganese (mg)	0.1	0.33	17 %
Selenium (µg)	2.8	9.1	17 %
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